

# FSKA Katas video clips

## Colour Belts Katas (red to purple stripes)



**RED BELT**

Click: [Taikyoku Shodan](#)



**YELLOW BELT**

Click: [Heian Shodan](#)



**ORANGE BELT**

Click: [Heian Nidan](#)



**BLUE BELT**

Click: [Heian Sandan](#)



**GREEN BELT**

Click: [Heian Yondan](#)



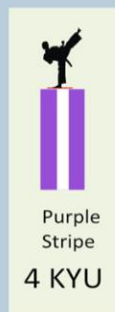
**GREEN-STRIPE BELT**

Click: [Heian Godan](#)



**PURPLE BELT**

Click: [Tekki Shodan](#)



**PURPLE-STRIPE BELT**

Click: [Basai Dai](#)

